

dogs naturally

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Special Puppy Issue

THE OVER-CULTURED
CANINE

**WHAT'S IN A
VACCINE?**

**PUPPY
HOMEOPATHY**

**SUCCESSFUL
POTTY TRAINING**

**PUPPY OR
PIRANHA?**

**TO CHIP OR
NOT TO CHIP**



THE HEALING CRISIS

A healing crisis is a sudden or prolonged reversal in your dog's health while your dog is on a path to healing. It often results in a temporary return to or worsening of prior symptoms. A healing crisis creates a turning point in your dog's life. It's a messenger, a call for attention to your dog's state of being. During a true healing crisis, your dog will undergo changes that release many physical, emotional, mental and energetic blockages, resulting in a new whole health picture. This cascade of events might represent the best thing that's happened to your dog.

While the word *crisis* may invoke fear or concern, the context denotes a moment of truth in your dog's healing journey. Disease will manifest when his body has had enough stressors or trauma. Emotional or mental issues may accompany physical struggles. What may appear as a sudden onset of symptoms has often been brewing in his immune system for some time. Once you understand what's actually happening, you can address his health imbalances and help him return to wholeness.

DISPELLING THE MYTH

One of the most important aspects of a healing crisis is a return of your dog's old symptoms. These symptoms can range from physical ailments, emotional or mental stressors or a lack of spiritual connection to his soul purpose with you. All of these symptoms represent

core-wounding experiences that must be uncovered to heal. True healing can take time because the focus must be on the cause to eliminate the disease altogether and permanently heal.

Allopathic (or conventional) medicine postulates that healing means feeling better. Holistically speaking, this might not be the case. The detoxification process can be intense, ridding the body of pathogens, yeast, bacteria, parasites or other conditions. Once the toxins are released and the body adjusts to renewed health, he will feel better. A healing crisis is a part of recovery.

This organic process lifts pathogens from the body while releasing past traumas from the soul. Your dog understands natural law and his body's innate healing intelligence. Helping your dog clean and nurture his body from the inside out allows him to return back to a state of complete health. Balance is the key to health and to our ultimate spiritual connection.

CAUSES OF A HEALING CRISIS

One simple event in your dog's life can trigger a healing crisis. An injury while your dog is competing may cause him to refuse his next event. An attack in the dog park may close him down altogether. A visit to the vet might unleash past emotional problems. Perhaps his diet over the years created some digestive issues or

maybe his conventional vet visits required many vaccinations in the past. It could be that he had a rough start in life, being abandoned and living in a shelter. Some traumas in his life may be cumulative, resulting in a heavy burden that overloads his energy field.

Seemingly unrelated, your dog's reactions to any or all of his life traumas indicate that the root cause of disease hasn't been resolved. What may have seemed minor at the time has resurfaced so it can be released. Now the time has arrived to address all of his issues, healing them one at a time.

A CASCADING BIOCHEMICAL RESPONSE

On the physical level, old, excess toxins flush out when unwanted bacteria, microbes and viruses die off. A significant amount of endotoxins (toxins within the bacteria itself) are released into the body. The more bacteria or microbes present, and the stronger their endotoxins, the stronger the cleansing or detox reaction. Stored toxins enter the bloodstream and are eliminated by the liver, kidneys and bowels. Toxins may also be released through the skin and muscle.

Essentially, every organ and the internal system are dumping out stored wastes into the bloodstream for elimination and preparing for new cell generation. The longer the toxins or pathogenic organisms have

DON'T BE AFRAID OF A HEALING CRISIS. THIS REPRESENTS A CHANCE FOR YOUR DOG TO RECOGNIZE ISSUES AND RID HIMSELF OF THOSE TOXINS DOING HARM. AND YOU CAN HELP.



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been in the body, the deeper the healing needs to go. When physical illness is accompanied by depression, your dog's emotions are disturbed. The cellular function of the hypothalamus and pituitary glands are therefore interrupted and the entire endocrine system may be compromised.

On the invisible level, the energy centers are also impacted. Physical, emotional and mental disruptions can close the chakras entirely because they are extremely sensitive to lower vibrations when illness occurs. Since all healing originates in the energy field, it's critical to clear out any energetic stagnation so the other levels of healing can work.

CHARACTERISTICS AND SYMPTOMS OF A HEALING CRISIS

At the outset, your dog may appear lethargic or fatigued. His sleep patterns may shift. Alternatively, you may witness restlessness or insomnia. He may have increased thirst. He may appear achy or stiff. His eyes and nose might be runny. Changes in his diet might lead to a temporary bout of diarrhea or lack of appetite. Some dogs develop hair loss, itching and other skin issues. Most of the time, these will resolve on their own.

Usually these symptoms are temporary, lasting a few days or weeks. The duration of the *crisis* will vary depending on his age, past health challenges, vaccines and diet.

Excess bacteria, candida and other pathogens will be cleansed out as his body begins to shed the layers of unwanted materials.

YOUR JOB

Your first duty is to observe your dog's symptoms, noting any events that may have triggered his health challenge. This will guide your holistic vet to the appropriate protocol. Try your best to stay neutral, without panicking. Remaining calm will help you and your vet make the best decisions.

"WHILE THE WORD CRISIS MAY INVOKE FEAR OR CONCERN, THE CONTEXT DENOTES A MOMENT OF TRUTH IN YOUR DOG'S HEALING JOURNEY."

Be prepared. Make sure your home remedy kit contains a variety of herbs and homeopathic remedies in case your dog gets sick. If you suspect something is brewing, trust your intuition and schedule a consult with your holistic vet.

Support his healing with acupuncture, crystal and flower essences, gentle massage and energy work. These are non-invasive modalities that will assist him in

detoxifying and regenerating his immune system. Be proactive and find what works best for your dog.

Be steadfast in your determination to continue natural care. Understand that true healing can take time while your dog's immune system resets itself. His body knows what to do, and your emotional support and compassion will serve him better than fear. Bear in mind that conventional medicine might appear to fix the problem, but is often a temporary solution.

CONCLUSION

A healing crisis can surface gradually or suddenly, stripping away layers of your dog's armor and leaving both of you in a state of vulnerability. It is profound, affecting your dog's life force energy and stimulating a total reboot of his immune system. A healing crisis is a catharsis, a firestorm that resets all of your dog's bodily functions along with his emotional and energetic makeup.

At the end of the healing crisis, your dog will have increased blood flow, proper metabolic rate, lymphatic cleansing and a stronger digestive system. His coat will shine and his eyes will reflect his renewed health picture. Trusting nature to guide you, a healing crisis will reorganize his body's dynamic systems, allowing for a greater exchange of information and energy and thus a greater expression of spiritual consciousness. 🐾